

Hanover Primary School



Physical Activity Policy Guidance

Who reviewed this policy?	Amanda Reese
Who approved this policy?	Governing Body
Date of approval	
Date of next review	

PHYSICAL ACTIVITY POLICY GUIDANCE

AIM

To increase the activity levels and well-being of the children at Hanover School through the provision of a supportive environment that encourages and enhances physical activity and a healthy lifestyle. To develop skills in line with the national curriculum requirements and to recognize and develop talents and interests in different aspects of PE and sport.

OBJECTIVES

5 hours of PE activities are to be on offer for all students from year 1-6. 2 hours are to be curriculum based with the other 3 hours being offered out of school hours.

Within the Physical Education Curriculum

We aim to provide a well-balanced and differentiated PE curriculum. Children in the KS1 and KS2 receive 1 hour of PE teaching twice a week. This includes gymnastics, balls skills, dance and games. Different PE foci are undertaken each term/half term. Children from year 1 to 6 receive 1 hour a week of PE teaching from a specialist PE teacher per week.

Children in year 3 and 4 receive a swimming time slot for a term per school year. The Foundation Stage offers a wide range of physical activities for the children.

Lunchtime games and activities

Children are provided with a variety of playground equipment. Teaching assistants and school meal supervisors are trained to support the children in their child initiated activities. Lunchtime games and activities are child initiated and are monitored by the teaching assistants to encourage the development of good social and physical skills.

Children in the foundation stage have outside access for most of the school day. They have access to bikes, PE equipment, slides and climbing frames. The foundation stage teachers, nursery nurses and teaching assistants supervise and interact with the children's outdoor play to guide activities and develop children's outdoor skills.

After School Activities

We offer a variety of after school activities and clubs that are regularly changing with the children's interests and needs. Some of these clubs are run by Hanover

staff with the majority being run by Highbury Roundhouse with Julie Day undertaking the organization of each club for each term.

Travelling to and from School

We have facilities for children and staff to store their bikes and scooters safely. The school has a travel plan that was finalized after wide consultation with the school community. The school encourages the children to walk or cycle. Annual cycle training is offered to children in KS2.

P.E. CO-ORDINATOR AND COACH

Name of staff member	Responsibilities
Leigh Pollard	PE coordinator
Eva Munoz	PE coach
Amanda Reese	Head Teacher

CURRICULUM PHYSICAL EDUCATION PROGRAMME

PE is the foundation subject in the national curriculum. Our school uses the national curriculum for its curriculum planning in PE. Teachers have access of a variety of other resources including a gymnastics and dance scheme of work. As required we teach dance, games and gymnastics at KS1. At KS2 we teach dance, games, gymnastics, swimming and athletics. Each summer we organize a camping trip for children in year 6 where they participate in outdoor physical activities. Children in year 5 attend a residential trip which also includes a variety of outside activities.

Teachers plan medium and short term to ensure all aspects of the PE curriculum are covered. The teachers are working to ensure that international primary curriculum covers all statutory government requirements.

We plan the PE activities so that they build upon the prior learning of the children while there are opportunities for children of all abilities to develop their skills knowledge and understanding. Children are increasingly challenged as they move up the school through the type of activities and skills taught.

We encourage the physical development of our foundation stage children as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Learning Goals.

TRAINING

Training opportunities are made available for staff through Islington Education Authority.

RESOURCE PROVISION

Leigh Pollard is responsible for the purchase of resources. This is done in consultation with teachers, learning mentors and teacher assistants. A budget is set aside for PE equipment purchases and additional resources are sometimes available from Sainsbury's annual voucher scheme and the Hanover School Association.

OUTLINE OF FACILITIES AVAILABLE FOR PHYSICAL ACTIVITY

On-site facilities

Outdoor spaces – roof playground with pitch and other game markings, back playground fenced area with court markings, other game markings and climbing facilities, KS1 playground area with climbing structure, reception playground, nursery playground with playground structure and garden. Little roof playground is also available for use.

Indoor spaces – middle hall available a few days a week, suitable for dance. Downstairs sports hall available for PE and for assemblies and other presentations/shows. This has badminton court markings. Theatre type seating mounted on far wall which can be pulled out to use when necessary. Floor mats available and PE equipment stored in store room.

Equipment – including a variety of bats, balls, beanbags and hoops for skill based learning. Sets of cricket, netball, basketball, hockey, football, rugby, golf, badminton, tennis, and rounder's equipment for game based activities. Set of books, CDs and skills cards that can be used for dance and gymnastics. Large equipment like nets/goals are stored in the side playground shed or shed area.

Equipment purchased for the reception and nursery playgrounds is stored in sheds in their outdoor areas.

Off-Site Facilities

We purchase sessions at Ironmonger Row Swimming Baths. Each week we have 2 swimming sessions in the large and small pools. The swimming is provided for all the children in year 3 and 4.

Highbury Fields football pitches and netball courts are used for inter-school matches and for the annual KS2 sports day.

Rosemary Gardens is used for Foundation Stage fun day and KS1 annual sports day.

Hampstead Heath and Shoreditch Park are used as outdoor spaces for a variety of interschool activities for KS2.

Islington Boat Club is used (currently on an irregular basis) for sessions/clubs during the school day. The school has a link with the boat club after school club.

INVOLVING PARENTS AND CARERS

Parents are actively encouraged to support school sports events including the annual sports days and inter-schools competitions. A group of parents run the weekly swimming club and organize our entry into the annual swimming gala. They have been encouraged to take part in health week and sport week events and encouraged to walk or cycle to school with their children instead of driving.

SCHOOL POLICIES ON SPECIFIC ISSUES, e.g. EQUAL OPPORTUNITIES, HEALTH AND SAFETY

Statement on Entitlement and Equal Opportunities

All pupils in the school, including those with special needs are entitled to a comprehensive programme of physical activity which

1. Fulfils the statutory national curriculum requirements
2. Takes into account their individual needs and interests
3. Provides them with opportunities to pursue activities beyond the school day

Differentiation

The school is sensitive to the needs and skills of the individual and physical activity provision is inclusive to children of all abilities including those who are physically gifted or challenged.

Inclusion of those with specific disability and /or health conditions

The school assists pupils with specific disabilities/health conditions and provides effective learning opportunities where appropriate. Activities are adapted to suit individual requirements as appropriate; this may include modifying a task, offering a parallel or separate activity.

Assessment/Recording/Reporting

Assessment will monitor and measure pupil's progress. Primarily it is teacher observation driven but also includes pupil feedback on specific tasks or questions. Individual targets are set for pupils and verbal feedback is provided as to whether those targets have been attained. Pupil achievements are highlighted in school assemblies and on display boards. Assessment is communicated to parents at parent consultation evenings and by pupil's annual report.

Health and Safety

The school recognizes that physical activity involves children in activities which, by their very nature, contain an element of risk. Teachers manage this risk by:

- being familiar with safe practices for moving and using apparatus
- being aware of children who have special needs with regards to physical activities e.g. asthma
- having children wear appropriate clothing for the activity
- having children remove any jewellery
- having children with long hair tied back
- being aware of the correct procedure for the development of specific skills being taught
- ensuring that apparatus and equipment are stored safely at the end of each lesson
- encouraging children to consider their own safety and the safety of others at all times

It is a general requirement that we undertake an annual risk assessment of the schools premises and equipment, whilst a specialist firm is used annually to check all PE equipment.

CONSULTATION AND DISSEMINATION

Pupils are consulted through School Council and by Highbury Roundhouse staff. They are asked about the extra-curricular physical activities that they would like to have considered. This has a direct impact on the activities made available to them.

The whole staff is consulted as to the content of this curriculum guidance and it is presented for approval to the school governors.

New members of staff are made aware of where to find school policies and curriculum guidance documents.

Copies of all school policies are available to parents.

Reviewed and revised by Amanda Reese
June 2016